"Time and Tide waits for none", is an old proverb dedicated to St. Marher, in 1225. How true it is, can be judged at this time. In this supersonic world of today, we have to work at a fast speed to keep pace with the others. The new gadgets and electronic systems have been of great assistance but no technology has been invented to hold time back. For achieving success, hard team work, regularity in meeting dead-lines and keeping high spirits are the basic requirements. We at JPMA are fortunate to have all these qualities, which has kept the rank of our journal as the highest amongst the biomedical publications of our country.

The punctuality in publishing the monthly issues and being uploaded on the website has increased the popularity, inviting authors from all over the globe. The number of submissions have been increasing from year to year with 2014 having 624 and till 31st October, 2015 we reached the figure of 700. This has increased the load of work in the office and for the reviewers. But we have succeeded in keeping pace. The research articles originate from all fields, including genetics, new inventions, education, animal studies and the others. This provides us a large pool of readers. We get requests for reproducing graphs or figures and many more for old articles which are not on the website.

The year 2015 brought another feather in our cap through the publication of the supplement, "Ramadan and Diabetes". This document was the result of the hard work and expertise of thirty five authors from ten countries for the twenty articles and three Editorials. The ground work was done by Dr. Sanjay Kalra from India and myself. The supplement created a spirit of collaborative teamwork, and facilitated networking and friendship among colleagues and countries. It has provided important reading for all concerned.

Another important achievement in 2015 is the submission of our monthly issue to medline via XML. This is a rapid way of getting all our articles on the net. We are updated now with easy accessibility to the latest publication of JPMA on medline.

An important event was the WAME International Conference for Medical Journal Editors 2015 in New Delhi, India from October 2-4, 2015, where the Journal of Pakistan Medical Association was displayed as a poster. It was highly appreciated and admired.

Publication ethics is strictly followed by JPMA and all articles are scanned by Turn-it-in software, provided by the Higher Education Commission, for plagiarism. Despite keeping a strict vigilance, cases of plagiarism, Duplicate publication, Salami slicing and unauthorised authorship are encountered. We follow the Guidelines of COPE which provide us all the support. One case on authorship issue was also discussed in the forum meeting in 2015.

We are privileged to have a new member for reviewing the statistics aspect of the article, Nazish Masud from KSA.

I take this opportunity to thank the many people who work to get the journal published regularly. All out peer reviewers, stats reviewers, technical reviewer and bibliographer. Gratitude is extended to all the authors and delay at times in publication of their articles is regretted.

The work of our office staff, website manager and printer is highly appreciated and I owe them my thanks.

It is the hard work of some of our editorial board members who contribute their time regularly, which has brought laurels to JPMA. This has maintained the standard of the journal and brought it to an international level.

The help of our chairman and other members of PMA who provide immediate assistance when needed, is highly appreciated.

Lastly but most important are the student volunteers, who have helped us make an effective database for our submitted articles and updating it regularly. This could not be done without them.

For any shortcomings in the year 2015, I take the responsibility and offer my apologies.

May JPMA achieve more successes!

Dr. Fatema Jawad
Editor-in-chief