

The following checklists are provided for your convenience. You should not submit this along with your initial submission.

CHECKLIST OF DOCUMENTS TO BE UPLOADED ALONG WITH INITIAL SUBMISSION

- Cover Letter
- Ethical Approval Letter
- Complete Submission Statement Form
 - Corresponding Author's Name
 - Authors' contributions
 - Disclaimer
 - Declaration of conflict of interest
 - Declaration of funding sources
 - Details of all authors including full names, email addresses, phone numbers and affiliations and degrees/year of study
 - Hand-written (not electronic) signatures of all authors
- Manuscript, as per detailed guidelines given above

GENERAL CHECKLIST OF MANUSCRIPT REQUIREMENTS

Listed below is the summary of the manuscript guidelines. This is a rough guideline, details are given in the instructions to authors' page of JPMA.

- Title
- Abstract
- MeSH Words
- Introduction
- Methods
- Results
- Discussion
- Conclusion
- Acknowledgement
- Disclaimer
- Conflict of Interest
- Funding disclosure
- References. Should be listed in Vancouver format in ascending order
- Tables. Should be labelled and inserted in ascending order. These should appear at the end of the text and not inserted between the article sections
- Figures. Should be appropriately labelled with numbers and appear with legends. All figures should be uploaded separately on the eJManager.
- Additional supplemental files and documents as required.